

		6.30	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22			
LARGE POOL	MON	Lane Swimming				Swim School (2 LANE)		Lane Swimming	Swim School (2 LANE)			Swim School (2 LANE)				WYTHENSHAW SWIMMING CLUB	Lane Swimming				
	TUE	Lane Swimming				Adult Swimming	Ladies Morning	Good boost	Lane Swimming	Adult Swimming			Swim School				Aqua Class	Quiet Swim			
	WED	Lane Swimming				Adult Swimming	Private booking	Guided Swim	Lane Swimming	Adult Swimming			Aqua Class	Public Swimming			WYTHENSHAW SWIMMING CLUB	Lane Swimming			
	THU	Lane Swimming				Adult Swimming	Senior Swimming	Good boost	Lane Swimming	Adult Swimming			Swim School				ALTRINCHAM SWIMMING CLUB	Lane Swimming			
	FRI	Lane Swimming				Swim School	Education Swimming Lessons		Lane Swimming	Swim School (2 LANE)			Swim School (2 LANE)				WYTHENSHAW SWIMMING CLUB	Aqua Zumba	Quiet Swim		
	SAT						Swim School (2 LANE)														
						W.A.S.C	Public Swimming				Adult Swimming	Public Swimming	Adult Swimming	City Youth Project							
SUN					Public Swimming	Family Swim	Lane Swimming		Family Swim		Private booking	Adult Swimming	ALTRINCHAM SWIMMING CLUB								
SMALL POOL	MON			Under 5 Fun Swim	Swim School			Under 5 Fun Swim	Swim School			Swim School									
	TUE			Under 5 Fun Swim	Education Swimming Lessons			Under 5 Fun Swim	Education Swim Lesson			Swim School			Family Swim						
	WED			Under 5 Fun Swim	Education Swimming Lessons			Under 5 Fun Swim	Education Swim Lesson			Swim School									
	THU			Under 5 Fun Swim	Education Swimming Lessons			Under 5 Fun Swim	Education Swim Lesson			Swim School									
	FRI			Under 5 Fun Swim	Education Swimming Lessons			Under 5 Fun Swim	Swim School			Swim School									
	SAT					W.A.S.C	Swim School														
	SUN					Under 5 Fun Swim	Family Swim			Family Swim											

Pool Admission Policy

Children under the age of 8 years shall not be admitted to the facilities unless accompanied and supervised by their parent. Any non-swimmer child under age of 16 years old must be accompanietaed by parents or responsible adult aged 16 or over (with a maximum of 2 children per adult in the swimming pool).

All children not yet toilet trained should wear Aquanappies which can be purchased from reception.

Please do not swim if you have just eaten or drunk or have an upset stomach.

Permission must be obtained from Duty Manager before taking any video or photographic images in the building.

Customers must wear appropriate clothing for their activity