

	6.30	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
LARGE POOL	MON	Lane Swimming			Intensive Swimming Lessons	Public Swimming	Family Swim	Ladies Morning	Lane Swimming	Public Swimming	Adult Swimming	Public Swimming		WYTHENSHAW SWIMMING CLUB	Lane Swimming		
	TUE	Lane Swimming			Intensive Swimming Lessons	Public Swimming	Ladies Morning	Good boost	Lane Swimming	Public Swimming	Adult Swimming	Swim School		Aqua Class	Quiet Swim		
	WED	Lane Swimming			Intensive Swimming Lessons	Public Swimming	Family Swim	Lane Swimming	Public Swimming	Aqua Class	Swim School (2 LANE)	Public Swimming		WYTHENSHAW SWIMMING CLUB	Lane Swimming		
	THU	Lane Swimming			Intensive Swimming Lessons	Public Swimming	Senior Swimming	Good boost	Lane Swimming	Public Swimming	Adult Swimming	Swim School		ALTRINCHAM SWIMMING CLUB	Lane Swimming		
	FRI	Lane Swimming			Intensive Swimming Lessons	Public Swimming	Family Swim	Lane Swimming	Public Swimming	Adult Swimming	Swim School (2 LANE)	Public Swimming		WYTHENSHAW SWIMMING CLUB	Aqua Zumba	Quiet Swim	
	SAT				Swim School (2 LANE)	W.A.S.C	Public Swimming		Public Swimming	Adult Swimming	City Youth Project						
	SUN				Public Swimming	Family Swim	Lane Swimming	Family Swim		Adult Swimming							
SMALL POOL	MON		Under 5 Fun Swim		Intensive Swimming Lessons		Under 5 Fun Swim	Public Swimming		Swim School							
	TUE		Under 5 Fun Swim		Intensive Swimming Lessons		Under 5 Fun Swim	Public Swimming		Swim School		Family Swim					
	WED		Under 5 Fun Swim		Intensive Swimming Lessons		Under 5 Fun Swim	Public Swimming		Swim School							
	THU		Under 5 Fun Swim		Intensive Swimming Lessons		Under 5 Fun Swim	Public Swimming		Swim School							
	FRI		Under 5 Fun Swim		Intensive Swimming Lessons		Under 5 Fun Swim	Public Swimming		Swim School							
	SAT			W.A.S.C	Swim School												
	SUN			Under 5 Fun Swim	Family Swim			Family Swim									

Pool Admission Policy

Children under the age of 8 years shall not be admitted to the facilities unless accompanied and supervised by their parent. Any non-swimmer child under age of 16 years old must be accompanietaed by parents or responsible adult aged 16 or over (with a maximum of 2 children per adult in the swimming pool).

All children not yet toilet trained should wear Aquanappies which can be purchased from reception.

Please do not swim if you have just eaten or drunk or have an upset stomach.

Permission must be obtained from Duty Manager before taking any video or photographic images in the building.

Customers must wear appropriate clothing for their activity