

# Café Menu

## Breakfast

|                                     |                |
|-------------------------------------|----------------|
| Porridge Selection (V)              | £2.40          |
| Cereal Selection with Milk (V)      | £2.20          |
| Toast with Butter & Preserve x2 (V) | 381 Kcal £2.00 |
| Beans on Toast x2 (V)               | 340 Kcal £3.60 |
| Cheese & Beans on Toast x2 (V)      | 588 Kcal £4.30 |
| Egg on Toast x2 (V)                 | 493 Kcal £3.60 |
| Extra Preserve (V)                  | 48 Kcal £0.45  |
| Sausage Sandwich                    | 481 Kcal £3.40 |
| Bacon Sandwich                      | 425 Kcal £3.40 |
| Bacon & Sausage Sandwich            | 661 Kcal £4.50 |
| Extra Breakfast Item on request (V) | £1.15          |

## Kids’ Menus

can be up to 2 of your 5 a day depending on items selected

|                                                                                                         |          |
|---------------------------------------------------------------------------------------------------------|----------|
| Kids’ Sandwich Boxes ‘Pic & Mix’ (V)                                                                    | £5.50    |
| Calories are for sandwiches only                                                                        |          |
| Served with Drink (Kids Carton or Kids Water), Crisps (Wotsits or Quavers) Nestle 99 calorie single bar |          |
| Ham Sandwich                                                                                            | 117 Kcal |
| Cheese Sandwich                                                                                         | 212 Kcal |
| Jam Sandwich                                                                                            | 135 Kcal |
| Kids’ Meals (V)                                                                                         | £5.75    |
| Served with Chips, Beans or Peas. Drink (Kids Carton or Kids Water) and Fresh Fruit                     |          |
| Chicken Nuggets                                                                                         | 297 Kcal |
| Fish Fingers                                                                                            | 205 Kcal |
| Veggie Nuggets                                                                                          | 271 Kcal |
| Sausages                                                                                                | 297 Kcal |
| Kids’ Pasta Selection (V)                                                                               | £5.75    |
| Served with Drink (Kids Carton or Kids Water) and Fresh Fruit                                           |          |
| Spaghetti Bolognese                                                                                     | 438 Kcal |
| Macaroni Cheese                                                                                         | 621 Kcal |

## Jacket Potatoes

all served with a Salad Garnish

|                                |          |       |
|--------------------------------|----------|-------|
| Plain Jacket with Butter (V)   | 196 Kcal | £3.70 |
| or Low Cal Spread              |          |       |
| Jacket with Cheese (V)         | 548 Kcal | £4.40 |
| Jacket with Beans (V)          | 395 Kcal | £4.40 |
| Jacket with Cheese & Beans (V) | 643 Kcal | £5.20 |
| Jacket with Tuna               | 436 Kcal | £4.80 |
| Jacket with Tuna & Beans       | 640 Kcal | £5.50 |
| Jacket with Tuna & Cheese      | 684 Kcal | £5.50 |
| Jacket with Special of the Day |          | £6.60 |

## Salads & Sandwiches

|                            |          |                        |
|----------------------------|----------|------------------------|
| Pre-packed Sandwiches (V)  | from     | £3.50                  |
| Homemade Toasties (V)      |          | £4.15                  |
| Cheese & Tomato            | 485 Kcal | Tuna & Cheese 602 Kcal |
| Cheese & Onion             | 488 Kcal | Ham & Cheese 541 Kcal  |
| Panini (V)                 |          | £5.20                  |
| Naan (V)                   |          | £5.20                  |
| Wraps (V)                  |          | £4.50                  |
| Pre-packed Salad Boxes (V) | from     | £4.50                  |
| Plated Cold Salad (V)      |          | £5.50                  |
| Cheese                     | 482 Kcal | Tuna 236 Kcal          |
|                            |          | Ham x2 233 Kcal        |
| Pasta Pots (V)             |          | £4.20                  |

### (V) Vegetarian (VG) Vegan

All prices include VAT. This menu is available for a limited period only and is subject to availability.

Menu descriptions may not list every individual ingredient. If you have any dietary requirements or food allergies and concerns please ask a member of our catering team for assistance when choosing your meal.

**AVAILABILITY**  
From centre to centre some of the products listed in this menu may not be available. Please see weekly specials board.

**FOOD ALLERGY INFORMATION**  
Foods and dishes displayed cannot be guaranteed nut or allergen free. Please discuss any individual requirements with the catering team.



## All Day Lighter Bites

|                                                 |          |       |
|-------------------------------------------------|----------|-------|
| Sausage Roll                                    | 369 Kcal | £2.30 |
| Scone Jam & Butter (V)                          | 502 Kcal | £1.90 |
| Fruit Pots (V)                                  |          | £2.05 |
| Whole Fruit (V)                                 |          | £1.00 |
| Yoghurt & Oat Clusters (V)                      |          | £2.70 |
| Danish                                          | 384 Kcal | £2.20 |
| Teacake & Butter                                | 263 Kcal | £2.15 |
| Chocolate Brownie, Muffin or Flapjack           |          | £2.20 |
| Fulfil Wafer                                    |          | £1.80 |
| Kids’ Spotty Cookie                             |          | £1.70 |
| Rocky Road                                      |          | £2.55 |
| Madeira or Genoa Slice, Carrot or Bakewell Tart |          | £2.45 |
| Gingerbread Teddies or Cookie                   |          | £2.00 |
| Gluten Free Biscuits                            |          | £1.30 |
| Mrs Crimble (Gluten Free)                       |          | £1.85 |
| Quavers or Wotsits Crisps                       |          | £1.20 |
| Walkers Crisps                                  |          | £1.30 |
| Walkers Max, Dorito Crisps or Baked Crisps      |          | £1.60 |
| Properchips, Snack A Jack or Pipers Crisps      |          | £1.60 |
| Tray Bake                                       |          | £2.40 |
| Premium Cake Slice                              |          | £3.50 |
| Eat Natural                                     |          | £2.00 |
| Confectionery Standard Bars                     |          | £1.30 |
| Doughnut                                        |          | £1.90 |
| Nuts                                            |          | £1.80 |
| Mini Nestlé Bar                                 |          | £1.00 |
| Biscuits or Raisins                             |          | £1.00 |

## Burger Bar

|                                    |          |       |
|------------------------------------|----------|-------|
| 1/4 Burger                         | 525 Kcal | £4.15 |
| 1/4 Burger Meal                    | 755 Kcal | £6.60 |
| Grilled Chicken Breast Burger      | 285 Kcal | £4.45 |
| Grilled Chicken Breast Burger Meal | 473 Kcal | £6.60 |
| 3 Sausages & Chips                 | 538 Kcal | £5.80 |
| Hot Dog Kids                       | 363 Kcal | £2.35 |
| Hot Dog Adult                      | 477 Kcal | £3.50 |
| Chips (V)                          | 233 Kcal | £2.30 |
| Cheesy Chips (V)                   | 472 Kcal | £3.30 |
| Curly Fries (V)                    | 301 Kcal | £2.90 |
| Extra Sauce Sachet on request (V)  |          | £0.25 |

## Something Hot

|                       |          |                        |
|-----------------------|----------|------------------------|
| Hot Slice             |          | £3.70                  |
| Chicken & Mushroom    | 481 Kcal | Steak 477 Kcal         |
| Cheese & Onion        | 308 Kcal | Chicken Curry 383 Kcal |
| Soup & Roll (V)       |          | £3.70                  |
| Tomato & Basil        | 338 Kcal | Leek & Potato 340 Kcal |
| Pizza Twist           |          | £5.20                  |
| Margherita            | 382 Kcal | Pepperoni 396 Kcal     |
| Grab & Go Hot Pot (V) |          | £5.20                  |
| Chicken Biryani       |          | Mac 'N Cheese          |
| Vegan Katsu Curry     |          | Risotto                |

Adults need around 2000 Kcal per day

## Vegan

|                         |          |       |
|-------------------------|----------|-------|
| Vegan Sausage Roll (VG) | 380 Kcal | £2.40 |
| Vegan Pasty (VG)        | 687 Kcal | £4.10 |

## Hot Beverages

|                                                          |          |       |
|----------------------------------------------------------|----------|-------|
| House Tea with Semi-Skimmed Milk                         | 22 Kcal  | £1.80 |
| Upgrade to Speciality Milk for Tea on request            |          | £0.30 |
| Fruit Tea Infusions                                      | 1 Kcal   | £1.90 |
| Hot Chocolate (12oz)                                     | 252 Kcal | £3.00 |
| Hot Chocolate Deluxe with Whipped Cream and Marshmallows | 300 Kcal | £3.50 |
| Flat White (8oz)                                         | 95 Kcal  | £2.90 |
| Americano (12oz)                                         | 86 Kcal  | £2.70 |
| Americano, Black (12oz)                                  | 15 Kcal  | £2.70 |
| Mochaccino (12oz)                                        | 213 Kcal | £3.60 |
| Cappuccino (12oz)                                        | 133 Kcal | £2.90 |
| Caffé Latte (12oz)                                       | 147 Kcal | £2.90 |
| Single Espresso                                          | 15 Kcal  | £1.80 |
| Double Espresso                                          | 30 Kcal  | £2.30 |
| Bambino Chino (8oz)                                      | 111 Kcal | £1.50 |
| Speciality Milk for Coffee available on request          |          | £0.65 |
| Skimmed, Soya & Oat Milk available                       |          |       |
| Why not add a Syrup Shot                                 |          | £0.70 |
| Vanilla, Hazelnut or Caramel                             |          |       |

## Cold Beverages

|                                         |          |       |
|-----------------------------------------|----------|-------|
| Polar Krush Regular                     | 102 Kcal | £2.10 |
| Full Pepsi, Pepsi Max or Diet Pepsi Can |          | £2.00 |
| Orangina, 7Up Free or Tango Can         |          | £2.00 |
| Lipton Ice Tea Can                      |          | £2.20 |
| Fruit Shoot                             |          | £1.60 |
| Purdey's Multivitamin 250ml             |          | £2.50 |
| Still Water Can                         |          | £1.60 |
| Ribena Carton                           |          | £1.35 |
| Kids’ Juice Carton                      |          | £1.20 |
| Milk Carton                             |          | £1.20 |
| San Pellegrino                          |          | £2.40 |

## Ice Cream

|                             |       |
|-----------------------------|-------|
| Mini Milk                   | £0.90 |
| PIP Lolly or Push Rowntrees | £1.50 |
| Calippo or Twister          | £1.50 |
| Smarties                    | £1.90 |
| Cornetto or Solero          | £2.15 |
| Feast                       | £2.10 |
| 99 Flake or Magnum Range    | £2.30 |
| Ben & Jerrys’ 100ml Tub     | £2.90 |



**KCAL** For items without calories. Please see their packaging